

S.B.H Amazing Mind Power Secret's Program Your Brain

LOGIC MAKES SENSE

Enlightenment at Its Best

Any information I have not written myself is quoted by the writer and is not from any book or copy righted materials.

This Book Was Made After 5 Years of Research



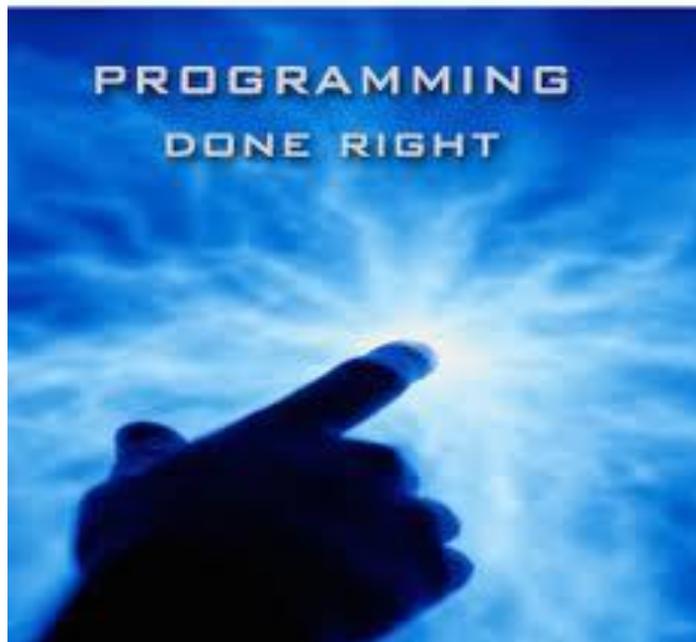
You Are a Machine and a Computer

Either Program Yourself or Let Outside Influences Do it For (You) The Choice is Yours

I have written this small book (Manual) for you and anyone who wants to try to understand there brain a little better and of course so you can achieve what you want in life and give you that boost you was looking for, I hope I will make a impact on you and leave you with many questions and new possibilities that can be attained from this information.

You may think you know everything about the brain and how it works or a probable understanding, Well most including myself don't know as much as we thought we did until now as a researcher of everything and anything I came across some really interesting pieces of information snippets of information if you will. What I am now going to do is get straight to the point Subliminal messaging most probably you may have learnt about this subject while studying business or psychology, now you must see your brain as a computer once you have really made it clear in your mind you are a computer possibilities of updating and the whole point of my little book is to program the mind the brain the computer YOU. Now we have got to the point I can tell you were to search for subliminal messaging software like subliminal blaster/ My desktop therapist/ Subliminal flash *lite*/ Subliminal recording system torrent. Subliminal recording system torrent using Google I am not responsible for any software listed and any illegal torrent files you may download and use depending on the laws of your country I would advice you stick to free programs from trusted sources like *Softpedia* and *download.com* if you are not a advanced user.

When downloading files don't click on free optimizers and health checks and so on there all mostly scams that advertise on safe sites through add services such as Google.



Now I will give you information on this subject and your brain / mind / subconscious and conscious workings of the brain. This book is based on logic enabling you to be more logical discovering logical ways to improve yourself using mind power and your will to progress and succeed in this life, life itself is short so take every opportunity to improve your life by improving yourself by controlling and programming your brain to work the way you want it to. Yes you can control / program your brain to cope with emotions in a better way making you more loving more happy more sociable more healthy the list goes on, though be warned programming your brain to be emotionless is not advised as it could take years to change this once you have implicated it into your brains thought patterns algorithms thought processing and logical thinking, when it comes to emotions your brain is a computer and can malfunction so think carefully what you want write it down then you can program your self efficiently and safely, Good Luck!



The consciousness of the brain is so composed that the individual cannot function efficiently without the alignment of each and every part and organ of his anatomy. As the average individual is capable in an unformed and uncultured state so you must be trained into a co-ordination of organic functions by exercise, education and work toward specific goals. Particularly and specifically note that the individual must be directed from within to accomplish this exercise, education and work life. You must be made to realize this, for only then can you be made to function efficiently in this world.

One must understand that you are a machine and maybe you have a soul but lets just focus on the machine part and forget about the soul while reading this book and focus on your machine which is your body and your computer which is your brain. To effectively program yourself it must involve exercise as well and living a healthy life though you can just focus on programming the brain and exercise later when you start to feel like you are happier and the goals you wanted to achieve after and before reading this book have started to slowly happen then do what you feel is best in achieving WHAT YOU WANT.

I have always wanted to make my life better and improve myself and I know this is everyone's desires and dreams for this life more or less we all want the same thing even though it is not the same thing initially but you can see in the end it is happiness we want though don't fool your self into thinking you will be happy 24/7 happiness is something you must pursue if you want it you will have it but not all the time please accept that and then you will be in a better position to program your brain using subliminal messaging and exercise and other forms of enlightenment. There are other ways of subliminal 'zing your self this would be drawing a large picture of a car writing on it "my car" and sticking it on your wall next to your bed and looking at it when you wake up in the morning in the middle of the night but not thinking about it just look but don't think about it let your brain program itself, eventually you will get that car you wanted it may take up to 3-6 months or a lot faster depending on how your computer is running aka your brain. This can be done for anything your possibilities are unlimited lets say you like a girl / woman and you some how manage to get a picture of her or draw a picture of her and write my girlfriend / boyfriend or write his or her name on some paper stick it to your wall near your bed as stated earlier, this method isn't usually successful when trying to get a ex girlfriend / boyfriend or wife / husband back.



How to Control Your DREAMS

Controlling your dreams is easy well kind of you must first think about what you want to gain from the dream then tell your brain I want to too be happy tomorrow or I am so stressed I need some motivation help me please brain do this for us make me happy tomorrow. This should enable you to have a random dream that will in essence give you what you wanted to gain from the dream even though the dream isn't what you expected or thought it would be the dream its self will point out to you what really matters or why you should be happy, I hope this can work for you as it has for me please be patient and instruct your brain aka subconscious mind what to do or it wont know what to do.

Control Happiness

If you feel like your unhappy there is scientific proof that even if your not happy smiling can make the brain think your happy so try it next time your angry or pissed off, try smiling at people and see how it makes you feel after and just smile it doesn't cost anything this is another way to program your brain and there are more interesting ways that are proven to program your brain mind subconscious's so look for my next book which will explain other ways to get what you want from life and improve your intelligence beyond what you thought you was capable of, many people say the quote 'anything is possible' is flawed and not true though I would say be open minded with science anything is possible maybe not now or next year or in 20 years but it will be possible one day which could be tomorrow or a 1000 years from now open your mind to anything and everything thus becoming a wise computer who will be able to process and manipulate to your own advantage what ever life throws at you. There are so many benefits of laughter Controlling high blood pressure and heart disease. Helps to control blood pressure by reducing the release of stress related hormones and encouraging relaxation. Increasing stamina through increased oxygen removing pain and giving a sense of well being by releasing endorphins the body's painkiller hormones alleviating depression, anxiety and psychosomatic disorders: laughter boosts the production of serotonin, a natural anti-depressant. Which gives you a excellent internal massage to the digestive tract and enhances blood supply to important internal organs like the liver, spleen, pancreas, kidneys and adrenal glands and basically all your organs. Thus ensures a good sleep and reduces you snoring because laughter and smiling but mainly laughter is very good for the muscles of the stomach and throat.

Happiness exercise: sit in a comfortable position close your eyes and smile focus on your breathing to slow down thought whenever a thought pops up release it and do a small laugh. THAT'S IT! When you finish the meditation, you can keep this state of being by simply laughing at the normal things throughout the day (Children laugh 300 to 400 times a day) keeping a smile on your face your brain will believe you are happy keeping the mind with less thoughts. When you finish the meditation, you can keep this state of being by :

1. Simply laughing at the normal things throughout the day (Children laugh 300 to 400 times a day)
2. Keeping a smile on your face - your brain will believe you are happy
3. Keeping the mind with less thoughts

It may not be possible to keep the mind completely silent but if you lower the amount of thoughts and just focus on smiling and laughing, you will have a lower chance of falling into negative thought problems. If any problems come up in life, LAUGH AT THEM! Preferably when you are alone, otherwise people will call you crazy. If you are suffering, the laughter will reduce the pain and help you think in more creative ways so at least you can have a clearer mind and suffer less. This is pretty much it. With a silent mind, smile, and laughing at the simple things, you will train yourself to be happy for no reason at all, what some call pure bliss or enlightenment. This will also result in new ways of thinking, and your thinking will probably be lighter rather than heavy stressful thinking!

The uses of this system subliminal messaging to your consciousness "the part of your brain that is asleep but in reality its more awake than your conscious mind" is the most effective way to program your computer aka brain improving communication skills confidence language memory all around self improvement.

The subconscious mind is more powerful than the conscious mind though it seems to be the other way round when you analyze this information confusing none the less though it needs not long words and complicated instructions algorithms and so on now you have all the information you need if there's anything else you need just ask Google.

Here is some other information to contemplate on. Some information may be quoted from secret documents and information I have attained.

Make Yourself Less Selfish

How often do you think of the words "I", "me", "my", "mine", "myself" in your head? If you had to guess what percentage out of 100% do you think "I" thoughts? And how happy are you?

When I'm on my computer, the fact that I own it doesn't come to mind. I just say "the computer" - like it is just here not owned by anyone.

From observation, people who use the word "my" a lot seem to be more worried about their image or more selfish than others, but it could just be these individuals. What do you think?

Imagine if you replaced "I", with "we"? When you are hungry you say "yea, we should eat potato salad today" even when you are just talking about yourself? We are being your "mind" you (your voice in head) and the other you - the physical body.

The Pineal Gland

Definitions:

A small endocrine gland in the brain; situated beneath the back part of the corpus *callosum*; secretes melatonin, the pineal gland is located between the left and right brain hemispheres near the base of the brain and is around the size of a pea. Some liken its shape to that of a small pine cone.

Studies have shown that the pineal gland is actually an endocrine organ and is responsible for the production of melatonin, a chemical which helps control the circadian cycle. Sleep is part of the circadian cycle and research has shown that when light fades on the outside the pineal gland secretes melatonin.

Circadian rhythm - Any body rhythm that recurs in 24-hour cycles. The sleep-wake cycle is an example of a circadian rhythm (*medical-dictionary.thefreedictionary.com*)

Signals from the SCN (*suprachiasmatic* nucleus 'body clock') travel to several brain regions, including the pineal gland, which responds to light-induced signals by switching off production of the hormone melatonin. The body's level of melatonin normally increases after darkness falls, making people feel drowsy. Within the pineal gland, serotonin is acetylated and then *methylated* to yield melatonin.

Cure for disease?

As well as occurring naturally in our bodies people also take melatonin for a number of reasons. It is used to help with sleeping disorders and also jet lag, its relation to the circadian rhythm helps us understand why melatonin can be effective with these ailments.

More interesting observations of melatonin are those linking it to being a possible effective treatment for both cancer and Alzheimer's. Some breast cancer and prostate cancer patients show lower than average levels of melatonin. Low levels of melatonin also exist in Alzheimer's patients. This would suggest increasing a patient's melatonin levels may offset the symptoms.

Scientists at Tulane University School of Medicine in New Orleans grew human breast cancer cells in the laboratory and then added melatonin to some of the cultures. They found that estrogen-receptor-positive cells treated with melatonin grew one-fourth to one-half as fast as untreated cells did. The fewer estrogen receptors a batch of cancer cells had the more melatonin it took to retard their growth. Estrogen the hormone had no effect on cancer cells that lacked estrogen receptors, said anatomist Steven Hill, an assistant professor at Tulane, who conducted these experiments.

"Melatonin may be a naturally occurring anticancer compound," said Dr. Hill. "The more a breast cancer is estrogen receptor positive, the more dramatic the response may be." Melatonin appears to work in a very novel way, by somehow decreasing the number of estrogen receptors the cells have, which in turn cuts the amount of tumor-promoting estrogen that enters them.

Another investigation from an unquantifiable source: In two cases of *sarcoidosis*, which were not responding to long term treatments, melatonin was used. In between four to five months of being treated with 20mg daily, the symptoms were alleviated.

The Third Eye

The pineal gland is also sometimes thought of as the third eye, an organ to perceive and be perceived (transmit and receive) on a psychic or higher level of consciousness. Methods of meditation focus on 'opening' the gland (www.krsnahealing.com) and it is said that a person who can do this often feels elated and 'at one with the world' post meditation. Some say this is a result of awakening the gland and creating a connection with the greater collective consciousness.

Still centered in your pineal and loving yourself, call the collective consciousness of the planet into your pineal as quickly as possible. What you should feel next is a quiet oneness, with no separation from anything. Let go and move into the experience. Practice this a few times before moving on to the next step.

It could be said that the trance-like state of meditation is due to the production of melatonin by the pineal, resulting in a sleep-like state.

Others suggest this feeling is merely just a separate chemical reaction akin to that experienced when taking MDMA (which increases serotonin production) or DMT. They suggest that the production of these chemicals (serotonin and DMT), which are already made in small doses in the body, is increased through meditation and other activities such as sport.

"*Dimethyltryptamine* (DMT), also known as N, N-*dimethyltryptamine*, is a naturally-occurring *tryptamine* and potent psychedelic drug, found not only in many plants, but also in trace amounts in the human body where its natural function is undetermined. Structurally, it is analogous to the neurotransmitter serotonin and other psychedelic *tryptamines* such as 5-MeO-DMT and 4-HO-DMT. DMT is created in small amounts by the human body during normal metabolism[1] by the enzyme *tryptamine-N-methyltransferase*."

Barker SA, Monti JA and Christian ST (1981). *N,N-Dimethyltryptamine: An endogenous hallucinogen*. In *International Review of Neurobiology*, vol 22, pp. 83-110; Academic Press, Inc.

It is interesting to note that as a fetus and during birth the Pineal Gland produces small amounts of DMT. Rick Strassman has done a lot of research and theorizing on relations between the Pineal and DMT (www.rickstrassman.com).

A Look at The Left Brain Before You Read This

We NEED logical minds, this brings technological advancement to our race, but we do not need an unbalance of the two hemispheres. This creates present day North America (lol!). Politics, government, well you can go on of how society is negatively dominated by the left brain, so I wont completely go there.

There is nothing wrong at ALL, with admitting your "version" of reality is a half truth if I may. That you have been programmed to perceive and think in a limited way. This is making you incomplete. If only each of you reading this knew what you were capable of.

Yin and Yang = Harmony of the two hemispheres, which is perfection of physical and mental realities.

The Left Brain does not need to be "De-Programmed" that is so unnatural, suppressing one entire SIDE of a brain. I don't even think it is possible. Once you read these words, you are using the Left-Brain. They try to say that music is a right brain thing but if you listen to music the LEFT brain will understand the RHYTHM (PATTERN) of the beat.

What we need is HONESTY. We need a BALANCE.

If you choose to believe in things, even if they are proven wrong, you are imbalanced using too much of the right-brain. If your life is chaotic, always changing too much, you are using too much of the right brain.

If you choose to only believe in things that follow patterns (mostly materialism), and unable to accept new strange different types of information then you are too left-brained. If your life is boring and you feel like you are repeating the same exact patterns, then you are using too much of the left brain.

What we need is HONESTY, so that people can naturally FLOW from using both sides when necessary.

For example, I just say I 'HATE' when people try to do this duality thing and make it seem like it is possible to just dismiss and entire half of the brain. This is a right-brain statement. Then I talked about *HOW* both are needed, like the right-brain enjoying music and the left-brain understanding pattern. This is a left-brain statement.

A Look at The Left Brain

The world today is dominated by left brain thinkers. These are people who are analytical, rational, judgmental, logical. These types of thinkers see things in a bias way, must find proof to validate everything. Science is man's game to understand nature, and how to advance human kind through logic, understanding, which leads to technological evolution.

Mainstream science has already found that we are all connected through a web of energy. We call this the electromagnetic field. For thousands of years civilizations have already known of this reality in the 3rd dimension, but western culture has been left out of this knowledge due to suppressing the spirit, mind and right side of their brain.

Humans living in western society are programmed to live and PERCIEVE their journey called life through the left hemisphere of the brain. This is why we have so many courses in early school base their knowledge on analyzing and logic; math, science, history, social studies, language etc.. within these programs of school the students of the classes are programming their OPEN minds everyday, to perceive and think in terms of logic. This goes from ages 5 (kinder-garden) through university. An entire QUARTER of the human life has been used to program and perceive reality through logic, rational thinking and analyzing.

If you consider now that your perception on what you call reality has been programmed through your entire first quarter of your life, which is the most important part of every humans life, you can now understand that your version of reality is nothing more then what society has programmed it to be. The way you understand reality is the way "they" want you to perceive reality, forever keeping you numb from the truth of what you really are.

For thousands of years these civilizations have known about this essence which binds all creation through its field. Everything is literally connected through this field. With a left brain-program you cannot admit this without finding the logical "Truth" that supports this knowledge which these civilizations have always known.

So the left brainer will excuse and mock this idea, until "reliable" left-brain scientists find the answer and origin for them.

In ancient civilizations and even handfuls of present day cultures; the brains and minds of these peoples were never programmed from the beginning. They came into this World free thinkers, free feelers, untouched by bias courses of logic. This allowed these peoples to understand what we can call the "Matrix" better by them selves.

If you are incarnated on Earth into a culture that does not program its children, rather teaches them knowledge of nature, you would find through natural sensory and intuition (right-brain at work) that you are connected to all of nature by a field of energy. Understand where I'm getting at?

Society, especially which in the Western World, has been over programmed for the past century, it is near impossible to perceive reality through natural terms. This is why a large percent of the Western Culture is left in the dark about knowledge of mental powers, healing, levitation, telepathy etc. This type of knowledge is, and always has been known by the ancients and handful of cultures today. This is the knowledge that is freely shared at places like the Tibet Plateau.

Breaking free from the left brain program can be very hard for an individual. A life of programming and perceiving a bias reality is hard to come out of, but you can.

Ignorance today is seen when a left brainer is given a fact of spiritual knowledge, but with no scientific approach or understanding, it is disregarded. Even though this particular knowledge is a truth of reality, it had no logical explanation, thus the rational mind threw it away. This is also why there is so much hate and bad energy thrown at what the left brainer's label "new agers".

I will touch on this topic briefly, because this new age "movement" if I may, is nothing more than thousands of westerners breaking from the society-programming. The bashing and bad energy is those who do not wish to accept that reality isn't what they have been programmed to perceive it as, or believe. These spiritual new age peoples are only breaking the mental chains that have been put on them through years of programming through society.

Thinking like an average left brain. I stopped judging others even if what they had to say was totally bogus to me. Then more spiritual experiences started to happen. I was successfully de-programming my mind, and perceiving through my own will and understanding. Allowing me for the first time to experience reality outside of terms which society would call "normal".

I am using my self as an example because this is my information to reach out to those rational minds who are still holding on to the program, afraid to realize that reality isn't what they have been told or made to believe it is. Once you stop thinking you are smarter than the next person, stop judging others for their experiences which you might not understand, you too will start to de-program and perceive reality in honest and natural ways through your mind and heart.

For those who have read this far and still don't care what I am talking about. Realize it takes a lot of Will to look at yourself and tell yourself that what you know right now, and what you have been programmed to know and see, isn't exactly what is out there, and isn't the entire truth you seek.

You do not need PROOF of a divine force, you don't need PROOF of instantaneous healing, you don't need PROOF of levitation or telepathy, you do not need proof that the universe you are connected to, is much more than a sparkling color's and black space for humans to look at. You just have to change perception and experience it for yourself.

Science is on the verge of contradicting itself. Meaning the left brainers will soon be forced to de-program themselves when mainstream admits we are all apart of something larger which everything is interconnected with.

The point of this thread is; we don't have to listen to science to allow us to think "outside" the box. Most are just afraid of ridicule, but we continue to ridicule others and get all sarcastic and funny when things don't make sense to us. This is typical left brain behavior! Break free from it and realize these things we don't understand are only misunderstood because of our ignorance and lack of knowledge!

People like my self are only thinking and perceiving the way human kind always have for thousands and thousands of years. Those spiritual practitioners in Tibet, China, India, Native American cultures are living and thinking the same way they have been for thousands of years.

Science is just a measurement of nature, science is taking natures ways and knowledge, and finding ways to explain it, when you are connected to nature (harmony of the left and right brain) you don't need science and logic to explain this stuff, you just KNOW.

The purpose here is to point out the program of your mind and your forced-perception of reality and give you encouragement to break free from it.

"All religions, arts and sciences are branches of the same tree" - *Albert Einstein*-



A Little More On Subliminal and The Mind

The following article excerpt is from the US military publication *Parameters*, subtitled "US Army War College Quarterly." It describes itself as "The United States Army's Senior Professional Journal".

From "The Mind Has No Firewall" by Timothy L. Thomas. *Parameters*, Spring 1998, pp. 84-92: An entirely new arsenal of weapons, based on devices designed to introduce subliminal messages or to alter the body's psychological and data-processing capabilities, might be used to incapacitate individuals. These weapons aim to control or alter the psyche, or to attack the various sensory and data-processing systems of the human organism. In both cases, the goal is to confuse or destroy the signals that normally keep the body in equilibrium.

Russian Views on "Psychotronic War"

The term "psycho-terrorism" was coined by Russian writer N. Anisimov of the Moscow Anti-Psychotronic Center. According to Anisimov, *psychotronic* weapons are those that act to "take away a part of the information which is stored in a man's brain. It is sent to a computer, which reworks it to the level needed for those who need to control the man, and the modified information is then reinserted into the brain." These weapons are used against the mind to induce hallucinations, sickness and mutations in human cells, "*zombification*," or even death. Included in the arsenal are VHF generators, X-rays, ultrasound, and radio waves. Russian army Major I. Chernishev, writing in the military journal *Orienteer* in February 1997, asserted that "psy" weapons are under development all over the globe. Specific types of weapons noted by Chernishev (not all of which have prototypes) were:

- A *Psychotronic* Generator, which produces a powerful electromagnetic emanation capable of being sent through telephone lines, TV, radio networks, supply pipes, and incandescent lamps.

- An Autonomous Generator, a device that operates in the 10-150 Hertz band, which at the 10-20 Hertz band forms an infrasonic oscillation that is destructive to all living creatures.

- A Nervous System Generator, designed to paralyze the central nervous systems of insects, which could have the same applicability to humans.

- Ultrasound Emanations, which one institute claims to have developed. Devices using ultrasound emanations are supposedly capable of carrying out bloodless internal operations without leaving a mark on the skin. They can also, according to Chernishev, be used to kill.

- Noiseless Cassettes. Chernishev claims that the Japanese have developed the ability to place infra-low frequency voice patterns over music, patterns that are detected by the subconscious. Russians claim to be using similar "bombardments" with computer programming to treat alcoholism or smoking.

■The 25th-frame Effect Alluded to Above, a technique wherein each 25th frame of a movie reel or film footage contains a message that is picked up by the subconscious. This technique, if it works, could possibly be used to curb smoking and alcoholism, but it has wider, more sinister applications if used on a TV audience or a computer operator.

■Psychotropic's defined as medical preparations used to induce a trance euphoria, or depression. Referred to as "slow-acting mines," they could be slipped into the food of a politician or into the water supply of an entire city. Symptoms include headaches, noises, voices or commands in the brain, dizziness, pain in the abdominal cavities, cardiac arrhythmia, or even the destruction of the cardiovascular system.

Mind Control With Silent Sounds And Super Computers

By Judy Wall

The mind-altering mechanism is based on a subliminal carrier technology: the Silent Sound Spread Spectrum (SSSS), sometimes called "S-squad" or "Squad". It was developed by Dr Oliver Lowery of Norcross, Georgia, and is described in US Patent #5,159,703, "Silent Subliminal Presentation System", dated October 27, 1992. The abstract for the patent reads:

"A silent communications system in which nonaural carriers, in the very low or very high audio-frequency range or in the adjacent ultrasonic frequency spectrum are amplitude- or frequency-modulated with the desired intelligence and propagated acoustically or vibration ally, for inducement into the brain, typically through the use of loudspeakers, earphones, or piezoelectric transducers. The modulated carriers may be transmitted directly in real time or may be conveniently recorded and stored on mechanical, magnetic, or optical media for delayed or repeated transmission to the listener".

According to literature by Silent Sounds, Inc., it is now possible, using supercomputers, to analyze human emotional EEG patterns and replicate them, then store these "emotion signature clusters" on another computer and, at will, "silently induce and change the emotional state in a human being".

Silent Sounds, Inc. states that it is interested only in positive emotions, but the military is not so limited. That this is a US Department of Defense project is obvious.

Edward Tilton, President of Silent Sounds, Inc., says this about S-squad in a letter dated December 13, 1996:

"All schematics, however, have been classified by the US Government and we are not allowed to reveal the exact details. We make tapes and CDs for the German Government, even the former Soviet Union countries! All with the permission of the US State Department, of course. The system was used throughout Operation Desert Storm (Iraq) quite successfully".

The graphic illustration, "Induced Alpha to Theta Biofeedback Cluster Movement", which accompanies the literature, is labeled #AB 116-394-95 UNCLASSIFIED" and is an output from "the world's most versatile and most sensitive electroencephalograph (EEG) machine". It has a gain capability of 200,000, as compared to other EEG machines in use which have gain capability of approximately 50,000. It is software-driven by the "fastest of computers" using a noise nulling

technology similar to that used by nuclear submarines for detecting small objects underwater at extreme range.

The purpose of all this high technology is to plot and display a moving cluster of periodic brainwave signals. The illustration shows an EEG display from a single individual, taken of left and right hemispheres simultaneously. The readout from the two sides of the brain appears to be quite different, but in fact are the same (discounting normal left right brain variations).

CLONING THE EMOTIONS

By using these computer-enhanced EEGs, scientists can identify and isolate the brain's low-amplitude "emotion signature clusters", synthesize them and store them on another computer. In other words, by studying the subtle characteristic brainwave patterns that occur when a subject experiences a particular emotion, scientists have been able to identify the concomitant brainwave pattern and can now duplicate it. "These clusters are then placed on the Silent Sound® carrier frequencies and will silently trigger the occurrence of the same basic emotion in another human being!"

SYSTEM DELIVERY AND APPLICATIONS

There is a lot more involved here than a simple subliminal sound system. There are numerous patented technologies which can be piggybacked individually or collectively onto a carrier frequency to elicit all kinds of effects.

There appear to be two methods of delivery with the system. One is direct microwave induction into the brain of the subject, limited to short-range operations. The other, as described above, utilizes ordinary radio and television carrier frequencies.

Far from necessarily being used as a weapon against a person, the system does have limitless positive applications. However, the fact that the sounds are subliminal makes them virtually undetectable and possibly dangerous to the general public.

In more conventional use, the Silent Sounds Subliminal System might utilize voice commands, e.g., as an adjunct to security systems. Beneath the musical broadcast that you hear in stores and shopping malls may be a hidden message which exhorts against shoplifting. And while voice commands alone are powerful, when the subliminal presentation system carries cloned emotional signatures, the result is overwhelming.

Free-market uses for this technology are the common self-help tapes; positive affirmation, relaxation and meditation tapes; as well as methods to increase learning capabilities.

In a medical context, these systems can be used to great advantage to treat psychiatric and psychosomatic problems. As a system for remediating the profoundly deaf, it is unequalled. (Promises, promises. This is the most common positive use touted for this technology over the past 30

years. But the deaf are still deaf, and the military now has a weapon to use on unsuspecting people with perfectly normal hearing).

OFFICIAL DENIALS

In fact, the US Government has denied or refused to comment on mindaltering weapons for years. Only last year, US News & World Report ran an article titled "Wonder Weapons", basically a review of the new so-called 'non-lethal' or 'less-than -lethal' weapons.' Not one word about S-quad, although the technology had been used six years earlier!

Excerpts from the article read:

"Says Charles Bernard, a former Navy weapons-research director: 'I have yet to see one of these ray-gun things that actually work's'".

"DARPA (Defense Advanced Research Projects Agency) has come to us every few years to see if there are ways to incapacitate the central nervous system remotely,' Dr F. Terry Hambrecht, head of the Neural Prosthesis Program at NIH, told US News, 'but nothing has ever come of if,' he said. 'That is too science-fiction and far-fetched'".

It may sound "science fiction and far-fetched" but it is not. However, that is just what the powers-that-be want you to believe, so as to leave them alone in their relentless pursuit of what?

The idea behind non-lethal weapons is to incapacitate the enemy without actually killing them, or, in the case of riot control or hostage situations, to disable the participants without permanent injury, preferably without their knowing it. The electromagnetic mind-altering technologies would all fall into this class of weapons, but since they are all officially non-existent, who is to decide when and where they will be used?

And why should selected companies in the entertainment industry reportedly be allowed access to this technology when the very fact of its existence is denied to the general public?

As recently as last month [February], this stonewall approach of total denial or silence on the subject still held fast, even toward committees of the US Congress!

The Joint Economics Committee, chaired by Jim Saxton (R-NJ), convened on February 25, 1998 for the *"Hearing on Radio Frequency Weapons and Proliferation: Potential Impact on the Economy"*. Invited testimony included statements by several authorities from the military:

Dr Alan Kehs, of the US Army Laboratories, discussed the overall RF threat.

Mr. James O'Bryon, Deputy Director of Operational Testing and Director of live fire testing for the Office of Secretary of Defense at the Pentagon, discussed the role of Live Fire Testing and how it plays a role in testing military equipment with RF weapons.

Mr. David Schriener, Principal Engineer of Directed Energy Studies with Electronic Warfare Associates and recently retired as an engineer with a naval weapons testing facility, talked about the difficulty in building an RF weapon and about the terrorist threat.

Dr Ira Merritt, Chief of Concepts Identification and Applications Analysis Division, Advanced Technology Directorate, Missile Defense and Space Technology Center, Huntsville, Alabama, discussed the proliferation of RF weapons primarily from the former Soviet Union.

Although these statements gave information of technical interest, they are perhaps more important for the information they did not give: information on the existence of radiofrequency weapons that directly affect the human brain and nervous system.

KGB PSYCHOTRONICS

This technology did not spring up overnight. It has a long history of development and denials of development-by the US Government and probably half of the other governments of the world as well.

We know that the former Soviet Union was actively engaged in this type of research. In a previous article we reported that during the 1970s the Soviet KGB developed a Psychotronic Influence System (PIS) that was used to turn soldiers into programmable 'human weapons'. The system employed a combination of high frequency radio waves and hypnosis. The PIS project was begun in response to a similar training scheme launched in the US by President Carter, according to Yuri Malin, former security adviser to USSR President Gorbachev.

In my Electromagnetic Weapons Timeline I covered a period of 60 years of interest and development in EM weapons information gathered from the many articles and news clippings sent in by readers of Resonance. In my article on synthetic telepathy I traced the development of the 'voice in your head' technology dating back to 1961, all my references coming from the open scientific literature.

POWER OF THE MILITARY-INDUSTRIAL COMPLEX

Jan Wiesemann has written an apt description of the situation which now exists in the United States, about the 'forces that be' and how the situation came about:

"During the Cold War the United States not only engaged in a relatively open nuclear arms race with the Soviet Union, but also engaged in a secret race developing unconventional weapons. As the intelligence agencies (which prior to the Second World War had merely played a supporting role within the government) continued to increase their power, so did the funds spent on developing techniques designed to outsmart each other.

"And as the US intelligence community began to grow, a secret culture sprang about which enabled the intelligence players to implement the various developed techniques to cleverly circumvent the democratic processes and institutions.

"Like many other democracies, the US Government is made up of two basic parts the elected constituency, i.e., the various governors, judges, congressmen and the President; and the unelected bureaucracies, as represented by the numerous federal agencies.

"In a well-balanced and correctly functioning democracy, the elected part of the government is in charge of its unelected bureaucratic part, giving the people a real voice in the agenda set by their government.

"While a significant part of the US Government no doubt follows this democratic principle, a considerable portion of the US Government operates in complete secrecy and follows its own unaccountable agenda which, unacknowledged, very often is quite different from the public agenda."

Jan goes on to quote one of the United States' most popular war heroes: Dwight D. Eisenhower, who served as Supreme Commander of Allied Forces during World War II and was later elected 34th President of the United States. In his farewell address to the nation in 1961, President Eisenhower said:

"...we have been compelled to create a permanent armaments industry of vast proportions. Added to this, three and a half million men and women are directly engaged in the defence establishment. We annually spend on military security more than the net income of all United States corporations.

"This conjunction of an immense military establishment and a large arms industry is new in the American experience. The total influence-economic, political, even spiritual-is felt in every city, every state house, every office of the federal government. We recognise the imperative need for this development. Yet we must not fail to comprehend its grave implications. Our toil, resources and livelihood are all involved; so is the very structure of our society.

"In the councils of government, we must guard against the acquisition of unwarranted influence, whether sought or unsought, by the military -industrial complex. The potential for the disastrous rise of misplaced power exists and will persist. We must never let the weight of this combination endanger our liberties or our democratic processes".

INTERNATIONAL CONCERNS OVER NEW WEAPONS

The United Nations was established in 1945 with the aim of "saving succeeding generations from the scourge of war". In 1975 the General Assembly considered a draft first proposed by the Soviet Union: "Prohibition of the Development and Manufacture of New Types of Weapons of Mass Destruction and New Systems of Such Weapons".

In 1979 the Soviet Union added a list of some types of potential weapons of mass destruction:

- 1) Radiological weapons (using radioactive materials) which could produce harmful effects similar to those of a nuclear explosion;
- 2) Particle beam weapons, based on charged or neutral particles, to affect biological targets;
- 3) Infrasonic acoustic radiation weapons;
- 4) Electromagnetic weapons operating at certain radio-frequency radiations which could have injurious effects on human organs.

In response, the US and other Western nations stalled. They gave a long, convoluted reason, but the result was the same.

In an article entitled "Non-Lethal Weapons May Violate Treaties", the author notes that the Certain Conventional Weapons Convention covers many of the non-conventional weapons; "those that utilize infrasound or electromagnetic energy (including lasers, microwave or radiofrequency radiation, or visible light pulsed at brainwave frequency) for their effects."

Harlan Girard, Managing Director of the International Committee Against Offensive Microwave Weapons, told me he believes the strategy behind the government's recent push for less-than-lethal weapons is a subterfuge. The ones that are now getting all the publicity are put up for scrutiny to get the public's approval. The electromagnetic mind-altering technologies are not mentioned, but would be brought in later under the umbrella of less-than-lethal weapons.

These weapons were recently transferred from the Department of Defense over to the Department of Justice. Why? Because there are several international treaties that specifically limit or exclude weapons of this nature from being used in international warfare.

In other words, weapons that are barred from use against our country's worst enemies (not withstanding the fact that the US did use this weapon against Iraqi troops!) can now be used against our own citizens by the local police departments against such groups as peaceful protestors of US nuclear policies.

TOWARDS GLOBAL MIND CONTROL

The secrecy involved in the development of the electromagnetic mind-altering technology reflects the tremendous power that is inherent in it. To put it bluntly, whoever controls this technology can control the minds of men-all men.

There is evidence that the US Government has plans to extend the range of this technology to envelop all peoples, all countries. This can be accomplished, is being accomplished, by utilizing the nearly completed HAARP Project for overseas areas and the GWEN network now in place in the US. The US Government denies all this.

Dr Michael Persinger is a Professor of Psychology and Neuroscience at Laurentian University Ontario Canada. You have met him before in the pages of Resonance where we reported on his findings that strong electromagnetic fields can affect a person's brain.

"Temporal lobe stimulation," he said, "can evoke the feeling of a presence, disorientation, and perceptual irregularities. It can activate images stored in the subject's memory, including nightmares and monsters that are normally suppressed".

Dr Persinger wrote an article a few years ago, titled "On the Possibility of Directly Accessing Every Human Brain by Electromagnetic Induction of Fundamental Algorithms". The abstract reads:

"Contemporary neuroscience suggests the existence of fundamental an algorithm by which all sensory transduction is translated into an intrinsic, brain-specific code. Direct stimulation of these codes within the human temporal or limbic cortices by applied electromagnetic patterns may require energy levels which are within the range of both geomagnetic activity and contemporary communication networks. A process which is coupled to the narrow band of brain temperature could allow all normal human brains to be affected by a sub harmonic whose frequency range at about 10 Hz would only vary by 0. 1 Hz".

He concludes the article with this:

"Within the last two decades a potential has emerged which was improbable, but which is now marginally feasible. This potential is the technical capability to influence directly the major portion of the approximately six billion brains of the human species, without mediation through classical sensory modalities, by generating neural information within a physical medium within which all members of the species are immersed.

"The historical emergences of such possibilities, which have ranged from gunpowder to atomic fission, have resulted in major changes in the social evolution that occurred inordinately quickly after the implementation. Reduction of the risk of the inappropriate application of these technologies requires the continued and open discussion of their realistic feasibility and implications within the scientific and public domain".

It doesn't get any plainer than that. And we do not have open discussion because the US Government has totally denied the existence of this technology.

Acknowledgements

I would like to give special thanks to: Jan Wiesemann for sending the Silent Sounds® statement and patents which were the keystone of this article; Mike Coyle, whose computer search turned up many more related patents; Harlan Girard, who has provided numerous official government documents; and to the many who have provided news clippings and articles, moral and financial support to Resonance, without which we'd have ceased publication long ago.

About the Author:

Judy Wall is Editor and Publisher of Resonance, the Newsletter of the Bioelectromagnetics edited by S.B.H

Brain Imaging is Now Possible Who Knows What Will Be Invented in Years to Come

Scientists using functional Magnetic Resonance Imaging (fMRI) and computational models at UC Berkeley have succeeded in decoding and reconstructing people's dynamic visual experiences. Put simply they have created a technique to read minds, translating a person's thoughts onto a computer screen. The technology is in its infancy, but it's not too hard to imagine the profound implications and ethical questions it poses if they can perfect the process. It has many practical applications.

Eventually, practical applications of the technology could include a better understanding of what goes on in the minds of people who cannot communicate verbally, such as stroke victims, coma patients and people with neurodegenerative diseases. It may also lay the groundwork for brain-machine interface so that people with cerebral palsy or paralysis, for example, can guide computers with their minds.

This set of paired images provided by Shinji Nishimoto of the University of California, Berkeley on Wednesday, Sept. 21, 2011 shows original video images, upper row, and those images reconstructed by computer from brain scans. While volunteers watched movie clips, a scanner watched their brains. And from their brain activity, a computer made rough reconstructions of what they viewed. Scientists reported that result Thursday, Sept. 22, 2011 and speculated such an approach might be able to reveal dreams and hallucinations someday. In the future, it might help stroke victims or others who have no other way to communicate, said Jack Gallant, a neuroscientist at the University of California, Berkeley, and co-author of the paper. (University of California, Berkeley, Shinji Nishimoto).

While this technology has great potential to offer a lot of people with various disabilities a new lease of life, it also has the potential to be used in some very frightening and sinister applications. Full article here: www.medicalxpress.com



Some More Info I Thought I Would Add to This Book

Drawing upon ground-breaking research, Dr Sam Parnia explains what happens to the brain and consciousness during cardiac arrest. In *The Lazarus Effect*, he shares the amazing stories of patients who have survived cardiac arrest, and explains how this points to a new understanding of death. Medical science has made huge advances in recent years and it's now clear that:

- If a patient hasn't taken a breath for 10 minutes, they are not necessarily dead. In fact, death is not a moment in time but a process – today you could still be resuscitated after 40 minutes.
- In 10 years time, we may recover loved ones hours, or even days, after their last breath.
- If the body suffers a serious trauma, the heart and brain cells go into a sort of hibernation from which they can recover.
- Recovery is much more likely if the body is artificially cooled – but only 50% of hospitals do this.
- Only 1.8% of resuscitations are currently successful (unlike how it seems on TV hospital dramas).
- The 'dead' can remember things, and do have some awareness while they're 'out of action'.

We need to reassess such questions as *When is the brain actually dead? When should organ donation begin?*

What does all this mean about the nature of our minds and our bodies? Using the very latest science, *The Lazarus Effect* has profound implications for the ways in which we view death – and life and will hopefully change the way medics treat us should we ever find ourselves in Accident and Emergency.

I'm not too thrilled with the summary honestly. Feels like the results could indicate NDE are hallucinatory (or at least, that there wasn't evidence they are real).

The summary doesn't mention verified OBE (either through seeing the target images or a Pam Reynolds like case). It simply states we have awareness while "out of action", but we always knew this. It doesn't say we have awareness out of body while "out of action". If the study offered convincing evidence OBE occur separately from the brain, wouldn't that have been a major selling

point of the book? I think that would be far more interesting than what the current summary indicates.

Maybe a pessimistic way of viewing it, but I rather be pleasantly surprised than disappointed when the real results are released. The good news is we seem to be a lot closer to getting the results. Should be January at the absolute latest (one of the versions of the book- either the European or American one- is due out in January).

Thank You for reading though this is not a long book its knowledge is very powerful and will change your life enabling you to open your mind and understand anything is possible.

A few tips before you finish this book:

- 1. Don't Drink the Fluoride Water**
- 2. Sugar is Harmful to Humans**
- 3. Fatty foods with Chemicals added to them are Harmful to Humans**

These 3 things and I am sure many more can slow your brain down and make you ill or dumb and even death or all 3.

**Visit my site for free trusted & also hard to find information www.pirateers.synthasite.com
Free Information & Tips for internet Users**

Amazing Mind Power Secret's Program Your Brain Educating The Masses by Shafaet Brady Hussain, United Kingdom England.

Thank You Febby Dwiassyifa Syaputri My Wife for The Inspiration, Love You...